



Alannah & Madeline Day 2026

17 September

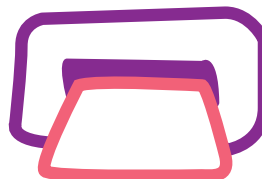
Conversation Starters

Spark meaningful chats about childhood and why your Alannah & Madeline Day Purple Picnic matters with these conversation starters.

Instructions

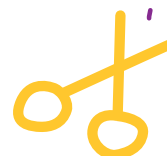
1

Print the cards (on thick card paper if you've got it)



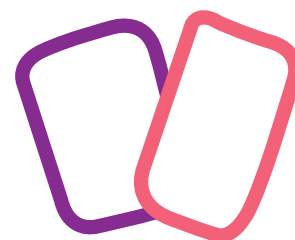
2

Cut them out, following the dotted lines



3

Place the cards around your Purple Picnic



4

Encourage guests to start meaningful conversations about the importance of a safe and thriving childhood



Fundraising for



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Conversation Starters 1 of 3



What was your favourite book or bedtime story growing up?

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Did you have a comfort item as a child – like a teddy or a blanket?

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When you were a child, what did you want to be when you grew up?

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What's one small act of kindness you've never forgotten?

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If you could add
one fun thing to
a Buddy Bag, what
would it be?



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What's one positive
word you think every
child should hear
more often?



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If you could give your
younger self one thing
(tangible or intangible),
what would it be?



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What's a bedtime
routine or ritual that
made you feel secure?



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Conversation Starters 3 of 3



What's a tradition or ritual that you fondly remember from your childhood?



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Why do you think items like books and toys matter during hard times?



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What does
"feeling safe"
mean to you?



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What was your
go-to comfort food
as a child?



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